

"...all my money's going on the mortgage..."

"...the problem's just too big for one person..."

"I want to do something for the environment, but with a busy family I just don't have time..."

THERE IS SOMETHING YOU CAN DO.

AND IT'S EASY.

SHOP SECOND-HAND.

In the past three decades, one-third of the planet's natural resources have been consumed. On what? Making products - the newest electronics, the latest fashions, the fanciest consumables - which will all need to be replaced next year anyway. We are caught in an endless cycle of buying and re-buying items we don't necessarily need.

As Queenslanders consider climate change to be the most important issue facing Australia – next to the Global Economic Crisis – Lifeline Community Care Queensland is providing education about the environmental value of buying second-hand goods to highlight new and affordable ways of being environmentally friendly.

With about 150 Lifeline Shops located right across the state, many Queenslanders have the opportunity to enjoy the environmental, financial and social benefits of second hand shopping.

**BENEFITS OF SECOND-HAND SHOPPING
- AND ACTIONS YOU CAN TAKE**



Shop at Lifeline

Lifeline Shops offer high quality, affordable clothing and accessories for men, women and children as well as books and bric a brac. Lifeline's large warehouse-style or Supa Shops also sell furniture.

Donate to Lifeline

It is important to donate correctly. Lifeline encourages donations of reusable items such as clothing, accessories, books, bric a brac and furniture. Items that cannot be accepted are torn or stained mattresses; broken lounges or broken furniture; ovens, dishwashers, cots or vertical blinds. To donate small items, place them inside your nearest Lifeline clothing bin. To donate large items, call your local area warehouse to learn the closest drop off point or to arrange a collection.

Volunteer with Lifeline

You can now volunteer at the Lifeline Shops with the knowledge that you are helping the environment as well as the community. Volunteers are vital to the work of the Lifeline Shops and make up the majority of Lifeline's Business employees. Volunteering is also a great way to meet new people, learn retail skills, put your own skills to use and have fun.

THERE IS SOMETHING YOU CAN DO. AND IT'S EASY. SHOP SECOND-HAND.

Reusing existing products has a twofold effect on the environment. It reduces the need to extract more materials from nature and it circumvents large amounts of concentrated (and often toxic) man-made materials entering the environment and having to be processed by nature.

Natural Strategies Group www.naturalstrategies.com.au

If you shop, donate to or volunteer at second hand shops operated by the likes of Lifeline, Salvation Army, Red Cross and St Vincent De Paul, you will be helping support those most in need in your local community.

Reuse provides an excellent, environmentally-preferred alternative to other waste management methods, because it reduces air, water and land pollution, limits the need for new natural resources, such as timber, petroleum, fibers and other materials.

Reuse Development Organization www.redo.org

Making smarter choices about what you consume can dramatically lower your environmental impact.

By choosing products that demand the least resources, package and transport, your impact is felt in the reduction of greenhouse pollution (through less landfill and energy use) as well as less water use.

Australian Conservation Foundation Conservation Atlas - www.acfonline.org.au/consumptionatlas



Reusing existing products will leave us with more money for worthier purposes. At a deeper level it makes us examine and question the nature of our attachment to things. Why do we define ourselves (and others) by our most superficial aspects, our possessions, while ignoring those profound characteristics such as our wisdom, compassion and happiness?

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Queensland consumption of clothing, books and furniture

Clothing and fabrics:

3.3% of our carbon footprint = 0.624 tonnes greenhouse pollution per person per year

5.4% of our water footprint = 39,015 litres per person per year

Books and magazines:

2.1% of our carbon footprint = 0.397 tonnes greenhouse pollution per person per year

Furniture and appliances:

3.3 of our carbon footprint = 0.644 tonnes greenhouse pollution per person per year

Australian Conservation Foundation Conservation Atlas www.acfonline.org.au/consumptionatlas

You can help the environment by shopping at a Lifeline Shop, donating your reusable goods to Lifeline or volunteering at one of our shops, warehouses or special events such as clothing sales and Bookfest.

