



Crossroads (QLD)

Our Family Newsletter

From the Directors Desk

What a year 2011 has been. We have seen Crossroads rebrand from Lifeline Community Care to UnitingCare Community, received glowing reviews in our HACC and DSQ audits and seen our members achieve greatness at the Special Olympics and others in their own personal pursuits.

We have wished Glenys, Scott and Simone well in their future endeavors, welcomed several new staff members and congratulated others on their new roles within Crossroads.

Thank you for your continued support. I look forward to seeing many of you at our Family Christmas Party on 9 December and wish you all a safe and happy Christmas and New Year.

Janet

Crossroads Information ...

International Day of People with a Disability

On December 3 2011 Crossroads, along with the State Library and other support organizations, will be hosting a celebration of the lives of people with a disability.

In the coming weeks Peter Bill will send a letter to Group Members with more information about hosting this event at the State Library.

Please find enclosed the invitation with all details for the event. We hope it will be a positive experience and a way for group members to actively engage with the wider community in a space that is accessible and inclusive.

Crossroads Website

You may have noticed that the old Crossroads website, xrdsqld.org.au, is no longer. As part of the rebrand, Crossroads is now part of the UnitingCare Community website. Please take some time to have a look.

www.uccommunity.org.au/crossroads

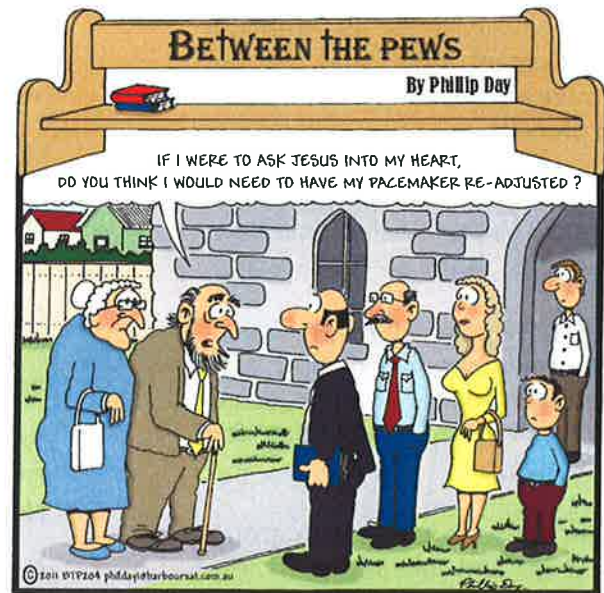
Christmas Closure

Please note Crossroads Office will be closed from Thursday 22/12/11 until Friday 06/01/12 over the Christmas / New Year break. Weekday programs will recommence on **Monday 9 January**.

We look forward to seeing you all again in January 2012.

Family Christmas Party

We would like to extend an invitation to all our Group Members to celebrate the year at our Family Christmas Party. Please find enclosed a formal invitation for you and your family containing all the details of the event.



Connections & iCan!

Much has happened since the last newsletter and we now gear up towards Christmas and the New Year.

Group members are currently involved in creating items for Christmas gifts. There are many options available for the creation of individual gifts and Group Members are actively involved in this process.

The scrapbooking projects are currently being revisited and new scrapbook pages are underway.

Due to popular demand, each group member will design and create calendars for personal use or to give as gifts for Christmas.

I will also be in touch with group members and families to review plans and goals in the lead up to Christmas. If I have not been in touch I will be in the coming weeks to arrange meetings.

Recently I was invited to attend the International Social Role Valorization Conference which was held in Canberra in late September. For me it was a time to reflect upon my journey with Crossroads and how Crossroads will develop in the coming year.

I hope for good things for you all in the lead up to Christmas and the New Year. I thank you all for your ongoing support of Crossroads and the feedback I receive on a regular basis provides me with advice to continue to improve the services offered by Crossroads to Group Members and their families.

Kind Regards

Peter Bill

Break-Away

Hello everybody ☺

It has been a very busy couple of months for Breakaway.

In August the always popular Gympie Muster was enjoyed by all who attended and despite the rain and mud, there was no stopping these country lovers from getting close to their idols.

September saw the Brisbane Holiday give new group members and those from afar a taste of Brisbane hospitality, confirming why it's the world's most livable city.

Melbourne Magic also went ahead in September. Jam packed full of fun activities and lots of taste tingling experiences; it wouldn't be a surprise if many needed a holiday when they got home.

All the rev-heads got their annual fix at the Gold Coast 600 in October, with loud cars, loud music and loud crowds going nonstop throughout the weekend.

There is plenty more action happening during the Christmas break, with Sunshine Coast, Brisbane Holiday, Newcastle and Tamworth CMF all scheduled for January.

Our Breakaway weekends are always busy with festivals, shows, sporting events and social activities. It is only through your feedback that we are able to provide these opportunities and it is important for us to know that the service we are trying to provide is one driven by what you want.

A big thank you to all those who have accessed the Breakaway program this year and who help make it the successful program it is today. We wish you a safe and joyous holiday this Christmas and we look forward to seeing you in 2012 on your next big adventure.

Best wishes

Joe and Cris

Healthy Options

In 2012 Crossroads will be introducing a healthy option to our cooking and Fab Foodies days. We will be encouraging portion control and fresh fruit and vegetables using the food pyramid for inspiration. If you would like to discuss this further, please contact Peter.



Contact Details

91 Maundrell Terrace, Chermside West

T: 07 3350 8500

F: 07 3256 4734

E: xrds.info@ucommunity.org.au

W: www.ucommunity.org.au/crossroads